

I Want to Trust You, but I Don't Study Guide

Moving Forward When You're Skeptical of Others, Afraid of What God Will Allow, and Doubtful of Your Own Discernment

By Lysa TerKeurst

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PUBLISHERS

Bestselling, beloved Bible teacher Lysa TerKeurst helps participants trust when it has been broken or lost with her signature mix of biblical study, confessional vulnerability, and practical tools.

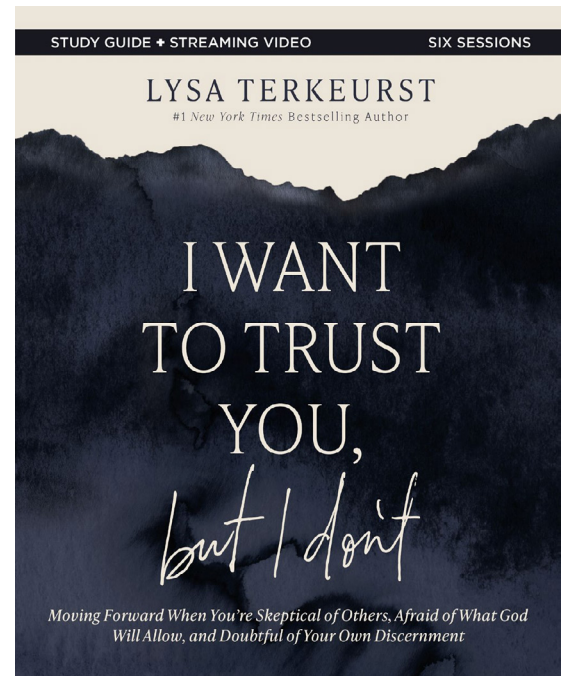
Broken trust can send us spiraling: Can anyone really be trusted? What if distrust is actually the wisest choice to make? What do I do with my doubts about God when He allows bad things to happen? Are there biblical answers for any of this? Lysa TerKeurst understands this kind of deep wrestling and has asked these same hard questions in the midst of her own relational heartbreaks and uncontrollable circumstances.

But after thousands of hours of counseling intensives and theological research, Lysa has discovered how crucial it is to develop the stability you long for within yourself and with God, so you don't become cynical and carry a broken belief system into every new relationship.

This study guide includes:

- Individual access to six streaming video sessions
- A guide to best practices for leading a group
- Video notes and a comprehensive structure for group discussion time
- Personal study for deeper reflection between sessions

Lysa TerKeurst is president and chief visionary officer of Proverbs 31 Ministries and the author of six *New York Times* bestsellers, including *Good Boundaries and Goodbyes*, *Forgiving What You Can't Forget*, and *It's Not Supposed to Be This Way*.



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